



Mindful Kids Day Camp Packing List



hiking shoes



swimsuit



extra clothes



sweatshirt/jacket



hat



sunglasses



reef-safe sunscreen
(face & body)



personal fan or
cooling towel



lunchbox (leakproof)



water bottle (refillable)



lunch & snacks



bag for trash



backpack (fits it all)



bag for wet clothes



quick-dry towel or
hooded poncho



book or quiet activity